

YM MEMBERSHIP™

We build strong kids, strong families, strong communities.

Effective January 1, 2010

YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

CURRENT MEMBERSHIP RATES

Category	Administrative Fee	Monthly Rate
Senior (age 60+)	\$25	\$25
Senior Couple	\$25	\$35
Student (full time ages 14-23)	\$25	\$25
Adult (age 18+)	\$25	\$38
Adult with Dependents	\$25	\$49
Couple	\$25	\$52
Family	\$25	\$57

BENEFITS OF A FULL MEMBERSHIP

- Equipment orientation with a certified personal trainer to get you started with your workout routine.
- Access to all group exercise classes including yoga, cycling, power cut, step, and more.
- Member rates on programs.
- Free coffee and juice in lobby before noon.
- Over 30 pieces of cardio equipment including treadmills, bikes, crosstrainers, ellipticals, and steppers.
- Free Childwatch

FITNESS CENTER HOURS

Days	Times
Monday – Thursday	5:00 a.m.– 10:00 p.m.
Friday	5:00 a.m.– 09:00 p.m.
Saturday	8:00 a.m.– 06:00 p.m.
Sunday	1:00 p.m. – 06:00 p.m.

Child Watch Hours

Monday-Friday	8:00am-11:30am 4:00pm-7:30pm
Tuesday-Thursday (September-May)	8:00am-1pm 4:00pm-7:30pm
Saturday	8:00am-11:30 am
Sunday	Closed

CONTACT INFORMATION

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